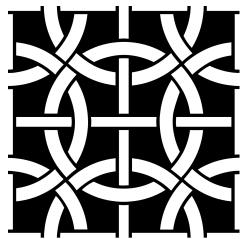


Songs of Up and Down

*7 settings of poems
by Christina Rossetti*

music by John Frederick Paul

For two sopranos, tenor and piano



John F Paul Music

Songs of Up and Down

I. Quartet: "Then whose shall those things be?"
(for soprano I, soprano II, tenor and piano)

Oh what is earth, that we should build
Our houses here, and seek concealed
Poor treasure, and add field to field,
And heap to heap, and store to store,
Still grasping more and seeking more,
While step by step Death nears the door?

II. Duet: Tune me, O Lord
(for soprano I and piano)

Tune me, O Lord, into one harmony
With Thee, one full responsive vibrant chord;
Unto Thy praise all love and melody,
Tune me, O Lord.

III. Solo: Jesus alone
(for piano solo)

IV. Trio: The lowest place
(for soprano I, soprano II and piano)

Give me the lowest place: not that I dare
Ask for that lowest place, for Thou has died
That I might live and share
Thy glory by Thy side.

Give me the lowest place: or if for me
That lowest place too high, make one more low
Where I may sit and see
My God and love Thee so.

V. Solo: Jesus alone
(for tenor solo)

Jesus alone: — if thus it were to me;
Yet thus it cannot be;
Lord, I have all things if I have but Thee.

Jesus and all: — precious His bounties are,
Yet He more precious far;
Day's-eyes are many, one the Morning Star.

Jesus my all: — so let me rest in love,
Thy peaceable poor dove,
Some time below till timeless time above.

VI. Duet: We know not when
(for soprano II and piano)

We know not when, we know not where,
We know not what that world will be;
But this we know: it will be fair
To see.

With heart athirst and thirsty face
We know and know not what shall be:
Christ Jesus bring us of His grace
To see.

Christ Jesus bring us of His grace,
Beyond all prayers our hope can pray,
One day to see Him face to Face,
One day.

VII. Quartet: Up-hill
(for soprano I, soprano II, tenor and piano)

Does the road wind up-hill all the way?
Yes, to the very end.
Will the day's journey take the whole long day?
From morn to night, my friend.

But is there for the night a resting-place?
A roof for when the slow dark hours begin.
May not the darkness hide it from my face?
You cannot miss that inn.

Shall I meet other wayfarers at night?
Those who have gone before.
Then must I knock, or call when just in sight?
They will not keep you standing at the door.

Shall I find comfort, travel-sore and weak?
Of labour you shall find the sum.
Will there be beds for me and all who seek?
Yea, beds for all who come.

*Texts by Christina Rossetti
(1830-1894)*

I. Quartet

"Then whose shall those things be?"

Christina Rossetti

John Frederick Paul

d = 120 sempre poco a poco accelerando

Soprano 1: *p* *mf*
Soprano 2: *p* *mf*
Tenor: *p* *mf*
Piano: *ff* *pp* *pp sempre* *f*
ff

S1: *p* *mf*
S2: *p* *mf*
T: *p* *mf*
Pno.: *ff*

O what is earth?
O what is earth?
O what is earth?
O what is earth, that we should build?
O what is earth, that we should build?
O what is earth, that we should build?



11

S1

p

Oh what is earth, that we should build Our hous-es here?

S2

p

Oh what is earth, that we should build Our hous-es here?

T

p

Oh what is earth, that we should build Our hous-es here?

Pno.

f *vfa*

mf

p

f *8vb*

16

S1

S2

T

Pno.

Copy

Oh

Oh

Oh

f 8va

f 8va

f

f 8vb

f 8vb

21 (simile crescendi)

S1 what is earth, that we should build Our hous-es here, and seek con-cealed Poor trea - sure? _____

S2 what is earth, that we should build Our hous-es here, and seek con-cealed Poor trea - sure? _____

T 8 what is earth, that we should build Our hous-es here, and seek con-cealed Poor trea - sure? _____

Pno. { f

25 f and seek con-cealed Poor trea - sure, and

S2 f and seek con-cealed Poor trea - sure, and

T f and seek con-cealed Poor trea - sure, and

Pno. { 8va f 8vb mf



30

S1 add— field to field,— And heap to heap, and store to store?

S2 add field to field, And heap to heap, and store to store?

T add field to field, And heap to heap, and store to store?

Pno.

34

S1 **f** Still grasp - ing more and seek - ing more, While step by step Death

S2 **f** (simile crescendi) Still grasp - ing more and seek - ing more, While step by step Death

T **f** (simile crescendi) Still grasp - ing more and seek - ing more, While step by step Death

Pno.

Lake Oswego
March 5, 2002

II. Duet Tune me, O Lord

Christina Rossetti

John Frederick Paul

8va

Pno. { 8va

ff

ff

S1 3 ff

Tune— me, O Lord!

(8va) —————— 1

Pno. { 8va

sffz

f

(8vb) —————— *

S1 10 ff

Tune— me, O Lord!

Pno. { 8va

ff

p

- 10 -

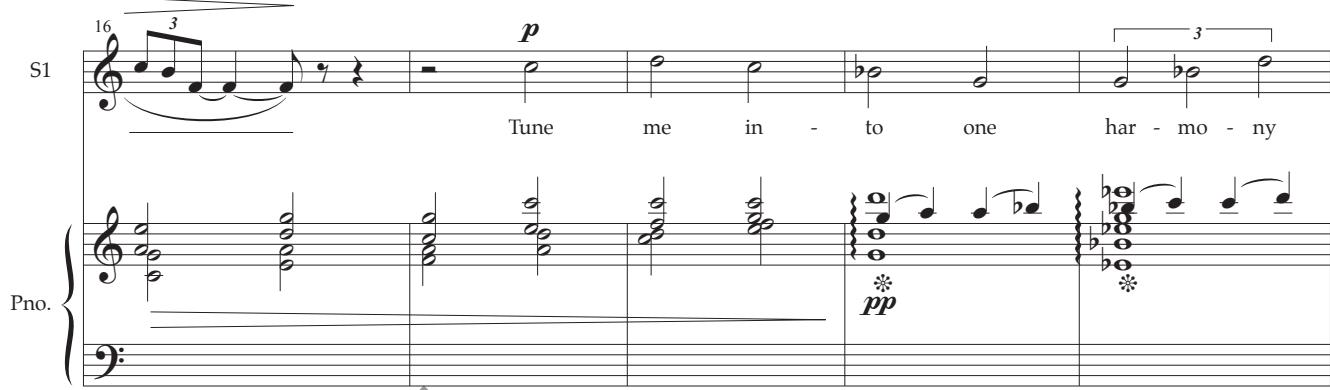
16 *p*

S1

Tune me in - to one har - mo - ny

Pno.

pp



21 Slower $\text{♩} = 84$

S1

with Thee, one full re -

Pno.



26 *ritenuto* - - - a tempo $\text{♩} = 48$ ($\text{♩} = 96$)

S1

spon - sive vi - brant chord, Un -

Pno.



29

S1

to Thy praise, un - to Thy praise

Pno.

f



32

S1

Pno.

all love— and— me - lo - dy,—

35

S1

Pno.

Tune

• = 56

p

37

S1

Pno.

me,—

simile

39

S1

Pno.

O Lord.

Perusal copy

This musical score page contains four staves of music for Soprano (S1) and Piano (Pno). The vocal part (S1) starts at measure 32 with a melodic line, followed by lyrics: 'all love— and— me - lo - dy,—'. The piano accompaniment (Pno) provides harmonic support with eighth-note patterns. The tempo is marked as • = 56 and dynamic p (pianissimo). Measure 35 begins with a sustained note followed by a melodic line, with the piano providing harmonic support. The dynamic changes to p (pianissimo). The vocal part continues with 'Tune' and the piano accompaniment follows. Measure 37 shows the vocal part with 'me,—' and the piano accompaniment, with the dynamic marked as simile. Measure 39 features a sustained note followed by a melodic line, with the piano accompaniment providing harmonic support. The vocal part ends with 'O' and 'Lord.' The piano accompaniment concludes with a series of eighth-note chords.

41

S1

Pno.

Tune _____

pp

43

S1

me.

Pno.

45

S1

hushed

Tune

Pno.



This musical score page contains three staves of music. The top staff is for Soprano 1 (S1) in treble clef, starting at measure 41. It features a vocal line with eighth-note patterns and a piano accompaniment. The middle staff is for Piano (Pno.) in treble clef, also starting at measure 41. The bottom staff is for Soprano 1 (S1) in treble clef, starting at measure 43. This staff includes lyrics 'me.' and a dynamic marking 'pp'. Measure 45 begins with a dynamic 'hushed' and a 'Tune' instruction. The piano part continues throughout all measures. A large, semi-transparent watermark reading 'Peruse Not Copy' diagonally across the page serves as a copyright notice.

Musical score for two voices (S1 and Pno) and piano.

Measure 46:

- S1: Treble clef, dynamic p , key signature 1 sharp, time signature 4. Measures end with a fermata and a 7/4 time signature.
- Pno: Treble and bass staves, dynamic p , key signature 1 sharp, time signature 4. Measures end with a fermata and a 7/4 time signature.

Measure 47:

- S1: Treble clef, dynamic p , key signature 1 sharp, time signature 4. Measure begins with a fermata and ends with a fermata and a 7/4 time signature. Includes markings "ritardando" and "me."
- Pno: Treble and bass staves, dynamic p , key signature 1 sharp, time signature 4. Measures end with a fermata and a 7/4 time signature.

Measure 48:

- S1: Treble clef, dynamic p , key signature 1 sharp, time signature 4. Measures end with a fermata and a 8/8 time signature.
- Pno: Treble and bass staves, dynamic ppp , key signature 1 sharp, time signature 4. Measures end with a fermata and a 8/8 time signature.

III. Solo Jesus alone

John Frederick Paul

John Frederick Paul

Pno.

$\text{♩} = 40$

This image shows a page of sheet music for piano, composed by John Frederick Paul. The music is arranged in five systems, each starting with a treble clef and a bass clef. The first system begins with a dynamic of p . The second system starts with a dynamic of p and includes a performance instruction "simile". The third system begins with a dynamic of p . The fourth system begins with a dynamic of pp . The fifth system begins with a dynamic of mp . The sixth system begins with a dynamic of pp and includes a tempo marking of $\text{♩} = 60$. The seventh system begins with a dynamic of pp and includes a tempo marking of $\text{♩} = 40$. The eighth system begins with a dynamic of p . The music features various note heads, stems, and bar lines, with some notes having horizontal dashes above them. The entire page is covered by a large, semi-transparent watermark that reads "Preliminary Copy" diagonally across it.

Pno.

17

Pno.

21

Pno.

24

Pno.

28

Pno.

31

IV. Trio Give me the lowest place

Christina Rossetti

John Frederick Paul

Pno.

S1

S2

Pno.

S1

S2

Pno.

9

S1 by Thy side. Give me the

S2 by Thy side. Give me the

Pno.

13

S1 low-est place: or if for me That low-est place too high, make one more low Where

S2 low-est place: or if for me That low-est place too high, make one more low Where

Pno.

17

S1 I may sit and see My God and love Thee

S2 I may sit and see My God and love Thee

Pno.

Lake Oswego
December 24, 2001



V. Solo Jesus alone

Christina Rossetti

John Frederick Paul

strict and deliberate
 $\bullet = 72$

T *f* Je-sus a - lone: if thus it were to me; Yet thus it can - not be; *p* *3*

T *mf* Lord, I have all things if I have but Thee. *3*

T *f* Je-sus and all: pre-cious His boun - ties are, Yet He more pre-cious far; *p*

T *mf* Day's - eyes are man - y, one the Morn-ing Star. *p* *3*

T *f* ritenuto Je-sus my all: so let me rest in love, Thy peace - a-ble poor dove, *a tempo* *mp*

T *f* Some time be - low till time - less time a - bove.

Perusal not copy

VI. Duo "We know not when"

Christina Rossetti

John Frederick Paul

*D*o *n*ot *C*opy

S2 $\sigma = 48$

S2 We know not when, _____

Pno. *p sempre*

S2 we know not where, _____

Pno.

S2 we know not what that world will

S2 be; _____

Pno.

S2 But this we know: _____

- 20 -

14

S2 it will be fair To see. With heart a -

Pno.

18

S2 thirst and thirst-y face We know and

Pno. L.H.

22

S2 know not what shall be Christ Je-sus bring us of His

Pno.

26

S2 grace To see. Christ Je-sus

Pno.

31

S2 bring us of His grace, ————— Be-yond all prayers our hope can

Pno. { *pp*

37 pray, ————— One day to

Pno. { *p*

42 see Him face to Face, ————— One, —————

Pno. {

46 one day.

Pno. { *ppp*

Lake Oswego
January 12, 2002

VII. Quartet Up-hill

Christina Rossetti

John Frederick Paul

5
4

S2 $\frac{25}{16}$ $\frac{72}{=}$

Pno. $\frac{25}{16}$ $\frac{72}{=}$

T $\frac{3}{8}$ p

Pno. $\frac{25}{16}$ $\frac{72}{=}$

T $\frac{5}{8}$

Pno. $\frac{25}{16}$ $\frac{72}{=}$

T $\frac{5}{8}$

Pno. $\frac{25}{16}$ $\frac{72}{=}$

Does the road wind up hill?

the tempo of the $\frac{72}{=}$ remains constant at 360 m.m. until measure 86

1/4 pedal while vocalists sing

all the way? —

full pedal

13 **p** **4**
S2 From morn to
T
Pno.

15 **3**
S2 night, my friend.
T
Pno.

18 **4**
S1 But is there for the night
S2
Pno.

8va-
15ma-
8va-
1/4 pedal



3
4
 $\frac{15}{16}$

S1 (8va) - - | a rest - ing place? _____

Pno. (8va) - - |

(8va) - - |

4
4
 $\frac{16}{16}$

S1 - - | - - | - - | - - |

S2 pp A roof for when the slow dark hours be -

T p I. A roof for when the slow dark hours be -

Pno. (8va) - - |

(8va) - - |

31

S1 *mf*
You

S2 *mp*
hide it from my face?

T *mf*
You

Pno.

33

S1 can - not miss that inn, that $\frac{15}{16}$

S2

T $\frac{8}{16}$ can - not miss that inn, that $\frac{15}{16}$

Pno.

- 28 -

S1 $\frac{3}{4} f$ $\frac{5}{4}$

S2

T $\frac{8}{16}$ $\frac{25}{16}$

Pno.

inn. $\frac{15}{16}$ inn. $\frac{15}{16}$

(8^{va}) $\frac{15}{16}$ 8^{va} 15^{ma} $\frac{15}{16}$

$\frac{37}{37}$ (the tempo of the sixteenths remains constant at 360 mm)

S1

S2

T $\frac{8}{16}$

Pno.

$\frac{90}{16}$ (the tempo of the sixteenths remains constant at 360 mm)

S1

S2 mf

T

Shall I meet oth - er

(15^{ma}) $\frac{15}{16}$

Pno.

mf

40

S1 Shall I meet oth - er way - farers.

S2 way - farers

T ***mf***

8 Shall I meet oth - er way - farers

Pno.

43

S1 at night? at night? Those

S2 at night? at night?

T at night?

Pno.

8va-----

46

S1

who have gone be - fore. Those who have gone be -

S2

— Those who have gone be - fore. —

T

8 — Those who have gone be - fore. —

Pno.

49

S1

fore. Then must I knock or

S2

Then must I knock or call when just in sight? —

T

8 — Then must I knock or call when just in

Pno.



52

S1 call when just in sight? ————— They will not, will not

S2 ————— They will not, will not

T 8 sight? ————— They will not, will not

Pno.

55

S1 leave you stand - ing at the door.

S2 leave you stand - ing stand - ing, stand-ing at the

T 8 leave you stand - ing

Pno.

58

S1

S2

T

Pno.

Door. Shall I find, stand - ing, standing at the door. Shall I find

(the tempo of the sixteenths remains constant at 360 mm)

61

S1

S2

T

Pno.

Shall I find com - fort, com - fort, shall I find com - fort, trav - el sore and

(8va)

8va--

p

8va---

Perusal copy

The musical score is for four voices (Soprano 1, Soprano 2, Tenor, Piano) and piano. The key signature is F major (one sharp). The time signature changes between common time (C), 12/16, and 8/8. Measure 58 starts with Soprano 1 and Soprano 2. Measure 59 starts with Tenor. Measure 60 starts with Piano. Measure 61 starts with Soprano 1. Measure 62 starts with Soprano 2. Measure 63 starts with Tenor. Measure 64 starts with Piano. The piano part provides harmonic support with eighth-note chords and sixteenth-note patterns. The vocal parts sing in a homophony style. The lyrics describe a person standing at a door, finding comfort, and traveling with physical discomfort. The tempo of the sixteenth-note patterns remains constant at 360 mm throughout the piece.

65

S1 *p* trav el sore and weak? *f* Shall I find?

S2 *p* trav - el sore and weak? *f* Shall I find?

T *p* 8 weak? trav - el sore and weak?

Pno. *(8va)* *8va - 1* *8va - 1* *8va - 1* *8va - 1* *ppf*

69

S1 Shall I find com - fort, com - fort? Shall I find?

S2 Shall I find com - fort, com - fort? Shall I find

T *f* 8 Shall I find com - fort, com - fort? Shall I find

Pno. *8va - 1* *8va - 1* *8va - 1* *8va - 1*

73

S1

Of la - bor you shall find the sum.

S2

com - fort? Of la - bor you shall find the sum.

T

8 com - fort? Of la - bor you shall

Pno.

77

S1

You shall find the sum. You shall find the sum. You shall find>

S2

— You shall find the sum. You shall find the sum. You shall

T

8 find the sum. You shall find, shall find the sum.

Pno.

This musical score page contains four staves: Soprano 1 (S1), Soprano 2 (S2), Tenor (T), and Piano (Pno.). The key signature is one sharp. The vocal parts sing lyrics related to labor and finding. The piano part provides harmonic support with eighth-note patterns. Measure 73 starts with a forte dynamic (f) in S1. Measures 77-78 show a transition where the piano plays a sustained note while the voices repeat their lines. The score is marked with a large, semi-transparent watermark reading "Perusal" and "Copy" diagonally across the page.

Slower and freely

81

S1

S2

T

find.

You shall find.

Will there be,—

Pno.

p

p

ppp

87

S1

S2

T

Will there be— beds for me and all who

Will there be,— will there be beds for me and all who

will there be,— will there be beds for me and all who

93

S1

S2

T

come, and all who come, and all who come? beds for

come,— all, and all, and all who come? Will there be

come, and all who come, and all who come? For

98

S1 me and all who come? Yea,

S2 beds for me and all who come, who come?

T 8 me and all, for me and all who come?

Moderate $\text{♩} = 80$

103

S1 beds for all who come.

S2 beds for all who come. Yea,

T 8 beds for all who come. Yea,

Pno. *in groups of 4*

f

* * *



=

=

107

S1

S2

T

Pno.

Yea,
beds for all, for all who come. Yea, beds for all who

Perusal Copy

20 **16**

20 **16**

20 **16**

20 **16**

4 **4**

(the tempo of the sixteenths remains constant at 320 mm)

110

S1

S2

T

Pno.

beds for all who come. Yea, beds for all who

Yea, beds for all who come.

Yea,

come. Yea,

in groups of 5

8va

20 **16**

20 **16**

20 **16**

20 **16**

Perusal Copy

113

S1

come. ————— Yea, beds for all, for all who come. Yea,

S2

Yea, beds for all, for all who come. Yea,

T

8 beds for all who come. —————

Pno.

8va-----1

15
8
(= = 54)

S1

beds for all. Yea, beds for all, for all —————

S2

beds ————— for ————— all, for all, —————

T

8 Beds for all. Yea, beds for all, for all —————

Pno.

8va-----1

in groups of 6

30
16

28
16

30
16

28
16

30
16

28
16

30
16

28
16

30
16

28
16

* * * * *

The tempo of the sixteenths remains constant at 320 mm)

118

4
2

S1

5
2

40
16

who

S2

— for all who

T

8 all who

Pno.

in groups of 7

15^{ma} — *in groups of 8*

40
16

8^{vb} —

8^{vb} —

120

S1

come..

S2

come..

T

8 come..

Pno.

8^{va} —

fff

8^{vb} —

Appendix: V(b). Jesus alone

for practice or as stand-alone piece. Not to be performed within the cycle.

strict and deliberate

121 T $\text{G} \frac{5}{4}$ $\text{A} \frac{8}{8}$ $\bullet = 72$ Je-sus a - lone: if

Pno. $\left\{ \begin{array}{l} \text{Bass} \frac{5}{4} \\ \text{Piano} \frac{5}{4} \end{array} \right.$ mf

125 T $\text{G} \frac{8}{8}$ thus it were to me; p Yet thus it can-not be; mf Lord, I have all things if

Pno. $\left\{ \begin{array}{l} \text{Bass} \\ \text{Piano} \end{array} \right.$ p mf

129 T $\text{G} \frac{2}{4}$ $\text{A} \frac{8}{8}$ I — have but Thee. — $f > > >$ Je-sus and all: — pre-cious His boun-ties are, Yet

Pno. $\left\{ \begin{array}{l} \text{Bass} \frac{2}{4} \\ \text{Piano} \frac{2}{4} \end{array} \right.$ f

*Perusal
Not Copy*

133

T He more pre-cious far; *mf* Day's-eyes are man - y, *p* one the Morn-ing Star.

Pno. *p* *mf* *p*

137 *f* *ritenuto* *a tempo* *p* *f* Je-sus my all: so let me rest in love, Thy peace-a-ble poor dove, Some time be-low till

Pno. *f* *p* *f*

141 T time - less time a - bove.

Pno.

Program Notes

The genesis of *Songs of Up and Down* began immediately after the events of 9/11/2001 with the composition of the solo song "Tune me, O Lord": the prayerful words of the poet Christina Rossetti providing a response to that day of violence and destruction. In the following weeks, other Rossetti texts caught my eye, providing images of hope and solace. I began to realize they were all tied together by images of up and down, of ascents and descents, physical and spiritual. An upcoming benefit concert by the voice faculty at Marylhurst University provided impetus to pull these texts together into a single work.

The resultant seven-piece cycle is constructed in arch-form that reflects a descent and ascent: 1. Quartet (4); 2. Duet (2); 3. Solo (1); 4. Trio (3); 5. Solo (1); 6. Duet (2); 7. Quartet (4). Anchoring the set in the middle is the trio "Give me the lowest place" for two sopranos and piano. Each of the two verses of Rossetti's poem about sacrificial love is accompanied by slow descending chords in the piano, a conscious attempt to transform the horrific images of the collapse of the twin towers into a memorial for those who gave their lives that day so others might live. This middle piece is surrounded by two solos, both setting the text "Jesus alone". These, in turn, are bounded by two duos for soprano and piano, "Tune me, O Lord" and "We know not when". The first is a plea for harmony in time of dissonance; the second a statement of faith in time of uncertainty. The outside movements are quartets that are both built upon the concept of ascent. The first song of the set ("Oh what is earth?") asks the uncomfortable question why we build houses and acquire wealth when death is our end. The final text ("Up-hill") is in the form of a catechism, a series of questions (up) and answers (down) that challenge us to stay the course in the face of difficulties we encounter. The final two lines ("Will there be beds for me and all who seek? / Yea, beds for all who come.") express a grace-filled inclusivity that is as timely today as they were when Rossetti penned them.

--- John Frederick Paul